



Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ,
wash me.
Passion of Christ, strengthen
me.
O Good Jesus, hear me.
Within your wounds hide me.
Permit me not to be separated
from you.
From the wicked foe, defend
me.
At the hour of my death, call me
and bid me come to you
That with your saints I may
praise you
For ever and ever. Amen.