

Prayer 18th April

Part of The Cuthbert Compline

Cuthbert, a shepherd lad looking after his flock on the Lammermuir hills, had an angelic vision coinciding which convinced him that he was meant to follow Christ. He became a monk at Melrose Abbey, under the guidance of Boisil. Cuthbert later succeeded him as Prior. Later in his life Cuthbert became a dearly-loved bishop at Lindisfarne, from where, until his death in 687, he loved to retreat in solitude to pray and fast on the Farne Islands.

Whoever has chosen to make
the shelter of the Most High their dwelling place
will stay in His over-shadowing.
He alone is my refuge, my place of safety;
He is my God, and I am trusting Him.
He will rescue you from the traps laid for your feet,
and save you from the destroying curse.
His faithful promises are your armour.
You need no longer be afraid of any terror by night,
or the death-arrow that flies by day.
*The Lord Himself is your refuge;
you have made the Most High your stronghold.
Be my strong rock, a castle to keep me safe,
for You are my crag and my stronghold.
How precious to me are Your thoughts, O God!
How vast is the sum of them!
Were I to count them,
they would outnumber the grains of sand.
When I awake, I am still with You.

Amen