



ST JOSEPH'S PREPARATORY SCHOOL
Part of the Edmund Rice Family

Ref: HP1094

18th March 2021

Dear P5 / P6 Parents,

Re: 'Body and Emotional Changes'

Jane Palmer and Sue Breeze, School Nurses will be in school on Thursday 22nd April at 09.15am, to lead an informal session on 'Body and Emotional Changes'.

This session is one, which is led with sensitivity by the nurses, and is part of the Science Curriculum and which reflects the Catholic ethos of the school.

The session will include a short film which both boys and girls will view together. The children will then be split into two groups (one group of boys and the other of girls) for a question and answer time.

Please find the attached link for you to view should you wish to before the session is held:
<https://www.rdash.nhs.uk/pdvd314-download/school-nursing-puberty.mp4>

If you have any concerns regarding this session, then please contact Nurse Jane Palmer or Sue Breeze at the School Nurses Hub on Tel: 0300 124 0362.

Should you wish for your child to opt out of the session, then please return the reply slip below by **Monday 19th April**.

Please be aware that should you decide to opt out, then it is important to understand that during our Science lessons these topics will be covered and your child will need to be part of them, as they are required elements within the National Curriculum.

Yours sincerely

Mr D. Hood BA (Joint Hons), PGCE
Headteacher

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'Body and Emotional Changes' Session – 22nd April 2021

Childs Name: _____

Form: _____

I wish to **OPT OUT** of the 'Body and Emotional Changes' lesson

Signed: _____

Date: _____

Rookery Lane, Trent Vale, Stoke on Trent, Staffordshire. ST4 5RF

Telephone: 01782 417533

www.stjosephsprepschool.co.uk