

Thought for the Day

Trust in him at all times, you people; pour out your hearts to him, for God is our refuge

Psalm 62 v8

Once again we seem to be heading for stricter measures for the whole country to try and stem the spread of coronavirus. Other European countries are also trying to contain this virus which as predicted is now on its second wave.

There are many thoughts on what is being done and a lot of confusion and subsequently some people appear to have 'thrown caution to the wind' and are carrying on as normal. As in many cases in life if we have not experienced the effects of the virus we can become dismissive. I saw both aspects of this yesterday some students(Not all I hasten to add) who were intent on enjoying the first term at University and even though some had tested positive continued to go out to the pub and mingle. Then a lady who had been very ill with the virus and from her hospital bed was begging everyone to follow the rules.

Until we have actually experienced anything in life it is easy to overlook or ignore what is happening. It is usually when we ourselves are in the midst of something that we understand and empathise. It is often at these times that we seek help and clarity and realise that we are quite helpless beings on our own. This can be an overwhelming feeling. We just want easy

answers and clear answers to our problems. That is not always how life works out.

A young man had been working with Mother Teresa in Calcutta tending the poor. He was uncertain of what to do next whether to stay and continue the work or go back to become a university Professor. He asked that Mother Teresa pray for him that he may have clarity in life. Mother Teresa, who spent her life working with the poorest and most rejected people responded in this way,

“I have never had clarity. I only have trust. I’ll pray that you have trust.”

A powerful and sobering thought. We need to trust God.

We spend so much energy, trying to get answers, trying to do it our way. Yet even when our lives seem dark, we need to seek and put our trust in the depths of God.

To Pray

Holy and eternal God,
give us such trust in your sure purpose,
that we measure our lives
not by what we have done or failed to do,
but by our faithfulness to you. Amen.