



Introduction

This Sunday is a special one, and the last Sunday of the Church year. Next week we begin the church year with the four Sundays of Advent. Our collect today reminds us that it is 'Stir Up Sunday' a Sunday synonymous with Christmas puddings. The great cry 'stir up' was a reminder to congregations to get the Christmas pudding made in plenty of time to mature before Christmas. An important addition to the mixture is a coin, whoever gets it on their plate on Christmas Day should get worldly riches heaped upon them.

However, the prayer is actually asking God for something much more important. We are praying that God will stir up our wills, so that we might get on with doing the good works that he has planned for us to do. Then, as a consequence, we pray that we might receive our abundant reward.

Stir-up Sunday (last before Advent)

**Stir in the raisins
Stir in the eggs
Stir in the flour
Stir in the love.**

**Stir in the family
Stir in the visitors
Stir in the expectations
Stir in the brandy.**

**Stir in the tiredness
Stir in the cleaning
Stir in the wrapping
Stir in the love.**

**Lord, can I also please:
Stir in the time
Stir in the carols
Stir in the prayer
Stir in the Christ.**