



**St. JOSEPH'S PREPARATORY SCHOOL**  
Part of the Edmund Rice Family

**Skip-Hop Day**  
**Friday 19<sup>th</sup> May 2017**

10<sup>th</sup> April 2017

Dear Parents,

I am delighted to inform you that we are having a visit from Lee (the Skip-Hop Gentleman), for a day of skipping on the 19<sup>th</sup> May. Every child from Reception to Prep 6 will have the opportunity to take part in one of the workshops taking place throughout the day. They will learn a selection of moves, including individual moves, double-dutch, long rope, and partner skipping from one of the country's leading skipping coaches. To finish the day off there will be a floorshow of the skills learned during the day, performed by children chosen from each workshop.

By inviting Skip-Hop, the school hopes to encourage children and adults to skip for fun and fitness, and to re-introduce traditional skipping games back into the school lunchtime activities.

- **The cost of the day is £7.00 per child**
- **All children to come to school in their PE Kits and trainers. Please ensure that they have a bottle of sun cream in school, along with a school sun cap (both items labelled with your child's name)**

Skipping ropes will be provided on the day for your child to take part. However, if you would like to purchase a rope for your child these are available on the day to purchase for the price of **£4.00**. Your payment for any ropes should be placed in a clearly marked envelope and addressed to 'The Skip-Hop Team' as this needs to be kept separate from your skipping workshop payment.

**Other Ropes that are available to purchase on the day are:**

- Xtenders - **£3**
- Double Dutch Ropes 4.5m - **£10** per pair
- Child's Rope - **£4** (varied lengths dependant on height)
- Adult Ropes 2.7m - **£5**
- Family Ropes 4.5m - **£6**

**\*\*Please note that ropes will only be available to purchase on the day and must be purchased by cash only (sorry no cheques). You will need to ensure that you have placed the correct monies into your child's envelope as no change will be given.**

**\*\* Please note that all monies for the skipping event (except skipping ropes) need to be in school by Monday, 24<sup>th</sup> April 2017 \*\***

Yours sincerely

Mrs Hutchinson BEd  
Headteacher



**Skip-Hop Day**  
**19<sup>th</sup> May 2017**

Child's Name: \_\_\_\_\_ Form: \_\_\_\_\_



I have enclosed £7.00 to cover the cost of my child's activity Cheques payable to 'St. Joseph's Preparatory School'

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*Please do not send money in for skipping ropes until the actual day\*\***