



**St. JOSEPH'S PREPARATORY SCHOOL**  
**Part of the Edmund Rice Family**

8<sup>th</sup> January 2018

Dear Prep 5/6 Parents,

Jane Palmer, School Nurse will be in School on Tuesday 13<sup>th</sup> February 9.30am, to lead an informal session on 'Body and Emotional Changes'.

This session is one, which is led with sensitivity by Nurse Jane, and is part of the Science Curriculum and which reflects the Catholic ethos of the school.

The session will include a short DVD and a brief discussion within two separate groups of boys and girls on Puberty and the Menstrual Cycle. The girl's discussion will also include a talk around a range of sanitary products and is intended to address any worries or concerns that your daughter may have.

If you have any concerns regarding this session, then please contact Nurse Jane at the School Nurses Hub on 0300 124 0632.

Yours sincerely

*S. D. Hutchinson .*

**Mrs S D Hutchinson BEd**  
**Headteacher**