



Heavenly Father we bring to you in our prayers today all whom we love, for our family, our friends and our neighbours. Help us all to live so that we may strengthen and enrich the life of the family, help us to build with you the kind of family which welcomes the stranger, the lonely and the needy.

On this special day we remember that all through our lives we have reason to be thankful for our mothers. When we are babies they do everything for us and spend much of their time feeding us and keeping us warm, safe and clean. When we are children they teach us, help and comfort us sharing our hobbies and our ideas, encouraging us and keeping us happy.

When we marry and have families of our own they still support us, advise us and share our troubles and our joys. When they grow old themselves they still love and care about us, though they may be weak and tired. We thank you Heavenly Father for our mothers, for all they have done for us and pray that the love they show for us may be reflected in the way that we show our love for others and in the way we each strive to live our lives according to your will.